## Report of activities conducted under Ek Bharat Shresth Bharat (EBSB) club during the lockdown period i.e. 23<sup>rd</sup> March 2020 till date

Since there was lockdown w.e.f. 23<sup>rd</sup> March 2020 till date, no on-site activities could be conducted. However, scientific literature, awareness materials and educational videos on COVID-19 from authentic sources were communicated to the students, faculty and different groups via social media platforms like WhatsApp, Facebook and emails. These included the following:

- Scientific literature on 'The molecular Biology of Coronaviruses'. Source: Advances in Viral Research, Vol. 96 (4/4/2020).
- 'COVID-19-What Science can tell you, fear cannot' developed by India Alliance. (6/4/2020).
- 'How is COVID-19 spread and how do you protect yourself against it' a video developed by WHO (6/4/2020).
- 'COVID-19 FAQ's' a PDF file developed by EBSB coordinator on guidelines from Ministry of Health and Family Welfare (7/4/2020)
- 5. A video on 'Self care guidelines for preventive health measures and boosting immunity' developed by Ministry of AYUSH (28/4/2020).
- 'Common FAQ's on COVID-19-Science backed coronavirus Q & A' developed by indscicov.in (29/4/2020).
- 'COVID-19 and mental health: It is important to bring a sense of cohesiveness' developed by indiabioscience.org (30/4/2020).
- 'COVID-19 infection: the perspectives on immune responses'-an informative recent scientific paper on Nature journal. Source: <u>www.nature.org</u> (1/5/2020).
- Organizing online poster competition on the theme "Lockdown: the positive side" (Due date 8/5/2020).
- Organizing online essay competition on the theme "Psycho-social, economic and health effects of COVID-19 pandemic in India" and "My expectations of a digital learning platform in Higher Education" (Due date 10/5/2020).